

**Access services from your smartphone  
with the new LifeResources Mobile APP!**

## **SAU 29**



### **5 Steps to Get Started:**

1. Go to your app store (Google Play, App Store) and search for **“LifeResources”**
2. Download the app and log-in with your Passcode:  
**sau29**
3. Select your demographics
4. Take the “App Tour,” a quick showcase of features
5. Access EAP services by tapping “Submit”

**It's that simple.**

**Help Anywhere, Anytime**

**Putting the power of EAP in your hands**

**LifeResources**

**1-800-759-8122**

**A Confidential Counseling and Referral  
Service for Employees and their  
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